

Motivating for Change



June 2–4, 2005
Washington, DC

National Health Care for the Homeless Conference

**Join us in Washington
for the
2005 National Health Care for the Homeless Conference!**

We are pleased to be gathering in Washington, DC, this year for the 2005 National Health Care for the Homeless (HCH) Conference. We promise you an exciting and full agenda, which highlights *Motivating for Change*. Our intent is to support and inspire your work as you face the challenging and complex issues posed by homelessness today.

Experts from around the country, including your peers, will present up-to-date information, innovative approaches, and challenging ideas on a wide range of topics. This year's conference will feature workshops, including special policy sessions presented as part of the HCH Policy Symposium. It will also feature keynote speakers, poster presentations, a resource area, and tours of local programs. A pre-conference institute, sponsored by the National Health Care for the Homeless Council and HCH Clinicians' Network, will be held on Wednesday, June 1, 2005.

You are invited to join us on Thursday afternoon for a reception and the opportunity to see old friends and make new ones. Friday evening will feature special entertainment. And for those who enjoy sightseeing – from national monuments to museums, gardens, and the National Zoo – Washington has much to offer.

This year's conference offers you educational and networking resources, along with opportunities for renewal and inspiration. Hope to see you there!

– The Bureau of Primary Health Care

Conference Goals:

- Address local solutions to meet the needs of people who are homeless
- Share information about working with people who are homeless
- Learn from our neighbors who are homeless or formerly homeless
- Nurture relationships among administrative, clinical, and other staff in the field
- Provide a forum for discussing issues of common concern
- Renew and inspire staff who work in a stressful environment
- Strengthen the vision of the HCH Program

Who Should Attend?

This conference is designed for HCH professionals, including administrative, clinical and support staff, board members, and clients. It will also be of value to others who provide health care and support services to homeless people, as well as government officials and advocates.

Hyatt Regency Washington on Capitol Hill

Washington, DC

Conference

Opening Session

Thursday, June 2, 8:30 – 10:00 am



Roshi Bernie Glassman

Greyston Foundation began in 1982 as a small bakery, employing a handful of students of Roshi Bernie Glassman. Today, it is a \$14 million organization of 180 employees that provides jobs, housing, social services, and health care to low-income residents of southwest Yonkers, New York, and surrounding areas. Recognized as a pioneer in “social enterprise,” Greyston exists to help people visualize and realize paths to self-sufficiency. Greyston’s human services, intensively targeted to the formerly homeless families living in Greyston’s supportive housing, help residents achieve personal and economic self-sufficiency. Founder Roshi Bernie Glassman will talk about the Greyston Mandala, this innovative model for integrating housing, livelihood, social welfare, and spirituality.

Roshi Bernie Glassman is a former aerospace engineer who worked on manned missions to Mars during the 1970s and holds a PhD in Applied Mathematics from UCLA. He is the recipient of numerous awards including the Ethics in Action Award by the Ethical Culture Society of Westchester and Social Entrepreneur of the Year by *Business Week*. Glassman is the author of *Bearing Witness: A Zen Master’s Lessons in Making Peace* and *Infinite Circle: Studies in Zen*; and coauthor of *Instructions to the Cook: A Zen Master’s Lessons in Living a Life that Matters*.

Brandon Haynes

When Brandon Haynes was 15, his family became homeless, which necessitated their moving from Montgomery County, MD, to a relative’s home in Washington, DC. Because of this change in residence, Brandon was told he could not return to his high school the following year. In his search for a solution, Brandon learned about the McKinney Vento Act, which protects the rights of homeless students. His struggle became a class-action lawsuit and established the rights of all homeless students. Brandon currently divides his time between running Innovative Event Concepts, an event promoting firm which he founded at age 17, and his study of business administration at Montgomery College in Takoma Park, MD.



Brandon Haynes

Pre-Conference Institute

Wednesday, June 1, 8:30 am – 4:30 pm

HCH 101: An Introduction to the HCH Model of Care. This pre-conference institute is designed for those—in all disciplines—who are relatively new to the HCH world. Faculty offers a comprehensive overview of the HCH philosophy and program, as well as breakout sessions covering a wide range of topics. *See page 6 for details on this event. Additional registration fee applies.*

Consumer Meeting

Wednesday, June 1, 5:00 – 6:00 pm

Consumers are invited to an informal meeting to meet old friends, make new ones, and to learn about the National Consumer Advisory Board (N-CAB)!

Welcoming Reception

Thursday, June 2, 5:30 pm

Join us for refreshments, conversation, and entertainment by your friends and colleagues.

Highlights

HCH Clinicians' Network Tenth Annual Membership Meeting

Thursday, June 2, 4:00 – 5:30 pm

Come see what the Health Care for the Clinicians' Network is all about! During our tenth annual meeting, members will speak about the impact the Network has had on their practice, their clients and their agencies. Join us as we honor your colleagues who work in homeless health care as we present awards that celebrate the vision, creativity and tenacity of those working tirelessly to combat homelessness in the United States. We'll have live music, poetry reading and a powerful exhibit of clients' photos. Don't miss this special session!

Tours of Local Programs

Thursday, June 2, 2:00 – 5:00 pm, and Friday, June 3, 9:00 am – 12:00 noon.

Conference attendees will have the opportunity to visit local shelters and other homeless service delivery sites. Registration will take place at the conference. Space is limited.

Resource Area

Throughout the conference

The resource area offers a wealth of information, including free materials from national clearinghouses, provider organizations, and other groups working with homeless people. Features include poster presentations; books and reports; bibliographies, tools, and other materials produced by the HCH Information Resource Center; and merchandise produced by HCH consumers and staff.

Technical Assistance on Governance Issues

Friday, June 3

Berit Lakey, PhD, has 30 years experience as a consultant for nonprofit organizations, including community health centers, focusing on issues of governance. Dr. Lakey will offer free 20 minute individual and confidential technical assistance consultations on issues of board governance. Sign up for a consultation at the conference registration desk! *Space is limited.*

Expediting SSI and SSDI Disability Claims

Saturday, June 4, 9 am – 3:00 pm Additional registration fee required. See registration form for details.

This six-hour workshop looks at common problems encountered when documenting disability for people who are homeless. Practical advice on completing and expediting SSA disability applications will be provided by legal experts, clinicians, and others who have successfully implemented strategies in their own HCH programs.

How to Write a Successful Section 330 Proposal

Saturday, June 4, 8 am – 5:30 pm Separate registration required. See enclosed flyer for complete information.

This workshop, sponsored by the National Association of Community Health Centers, is designed for applicants for BPHC funding.

Strengthening the Board Chair-CEO Relationship

Saturday, June 4, 8:30 am – 4:30 pm Separate registration required. See enclosed flyer for complete information.

Building a strong and productive relationship between board chairs and chief executives is crucial for board effectiveness and health center well-being. Health center CEOs and board members should attend together to learn how to strengthen their working relationship. Participants should pre-register for this one-day training, with is limited to 25 pairs based on first come, first served registration. See insert for details. Facilitator: Berit Lakey, PhD, Lakey Consulting, Silver Spring, MD.

12-Step Meetings will be held 7:00 – 8:00 am and 8:00 – 9:00 pm, Tuesday evening through Saturday morning in the Consumer Meeting Room.

Conference-at-a-Glance

Wednesday, June 1

| | |
|-------------------|--|
| 7:00 – 8:30 am | Pre-conference Institute Registration |
| 8:30 am – 4:30 pm | Pre-conference Institute: HCH 101 |
| 1:00 – 4:30 pm | Concurrent Sessions |
| 4:00 – 6:00 pm | HCH Conference Registration |
| 5:00 – 6:00 pm | National Consumer Advisory Board (N-CAB) meeting |

Thursday, June 2

| | | |
|-----------------------|---|---|
| 7:30 am – 5:30 pm | HCH Conference Registration/Resource Area/Poster Presentations/Exhibits | |
| 7:30 – 8:30 am | Continental Breakfast | |
| 8:30 – 10:00 am | Welcome/Keynote Address | |
| 10:00 – 10:30 am | Break/Poster Presentation Discussion | |
| 10:30 am – 12:00 noon | Workshops | <ul style="list-style-type: none"> • Depression and bipolar disorders • Curing common skin maladies • Medical outreach • Models of 340b participation • Resource development • Assisting people released from prison • Homeless Management Information Systems (HMIS) • Current Federal issues: Health care, housing, and income (<i>Policy Symposium</i>) |
| 12:15 – 1:30 pm | Luncheon | |
| 2:00 – 5:00 pm | Tours of Local Programs | |
| 2:00 – 3:30 pm | Workshops | <ul style="list-style-type: none"> • Hepatitis C and homeless health care • Understanding psychiatric medications: For non-prescribing clinicians • Infectious diseases • Relationship building for board directors and consumers • Collaborating for oral health • Reaching/serving emerging minority populations • Supporting families in housing • Team building and staff development • Advocacy in America: Organizing for human rights (<i>Policy Symposium</i>) |

3:30 – 4:00 pm Break

4:00 – 5:30 pm **HCH Clinicians' Network Tenth Annual Membership Meeting**

5:30 pm **Reception and Entertainment**

Friday, June 3

| | | |
|-------------------|---|--|
| 7:30 am – 5:30 pm | Conference Registration/Resource Area/Poster Presentations/Exhibits | |
| 7:30 – 8:30 am | Continental Breakfast | |
| 8:30 – 10:00 am | Workshops | <ul style="list-style-type: none"> • Consumer advisory boards and governance • Co-occurring mental and addictive disorders • Parenting skills • Working with resistant clients • Credentialing and privileging at HCH clinics (Part I) • Case management models and outcome measures • Collaborating with faith-based organizations • Supportive housing • Housing and human rights (<i>Policy Symposium</i>) |

Friday, June 3 (continued)

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|-----------------------|--------------------------------------|---|
| 9:00 am – 12:00 noon | Tours of Local Programs | |
| 10:00 – 10:30 am | Break | |
| 10:30 am – 12:00 noon | Workshops | <ul style="list-style-type: none">• BPHC update (<i>repeated Saturday 10:30 – 12:00 noon</i>)• Wound and foot care• Health Disparities Collaboratives: Cardiovascular disease and diabetes• Infant mental health• Understanding psychiatric medications: For prescribers• Credentialing and privileging at HCH clinics (Part II)• Collaboration between HCH and legal services• Trauma recovery and gender• Income and human rights: I will survive (<i>Policy Symposium</i>) |
| 12:15 – 1:30 pm | HCH Policy Symposium Luncheon | |
| 2:00 – 3:30 pm | Workshops | <ul style="list-style-type: none">• Pediatric asthma• Health Disparities Collaboratives: Depression• Parenting curricula• Electronic medical records• Motivational interviewing (Part I)• Chronic homelessness: State-level planning efforts• Partnerships with academia• SSI outreach• Health care and human rights (<i>Policy Symposium</i>) |
| 3:30 – 4:00 pm | Break | |
| 4:00 – 5:30 pm | Workshops | <ul style="list-style-type: none">• Ethics in homeless medicine: Accepting patients' choices• Health Disparities Collaboratives: Prevention as an approach to care• Partner Counseling and Referral Services (PCRS)• Motivational Interviewing (Part II)• Lessons learned from rural homeless programs• Chronic homelessness: Local planning• Capital building ideas• FQHC 101: Preparation for proposal writing training• Pain management for clients with addictions |

Saturday, June 4

| | | |
|-----------------------|--|---|
| 7:30 – 12:00 noon | HCH Conference Registration/Resource Area/Poster Presentations/Art Exhibit | |
| 7:30 – 8:30 am | Continental Breakfast | |
| 8:30 – 10:00 am | Workshops | <ul style="list-style-type: none">• Emerging infections and bioterrorism• Dental care in the primary care setting• Approaches to outpatient detox programs• Professional health and wellness/staff retention• Respite care• Health center collaboration for change |
| 10:00 – 10:30 am | Break | |
| 10:30 am – 12:00 noon | Workshops | <ul style="list-style-type: none">• BPHC update (<i>repeat of Friday 10:30 – 12:00 noon session</i>)• Bridge case management program: TB treatment and cancer prevention• Quality Initiatives• Safety net models• Objective Performance Reviews |
| 12:00 noon | Conference ends except for all-day sessions | |
| All-day Trainings | | <ul style="list-style-type: none">• Documenting disabilities for SSI and SSDI benefits• Strengthening the board chair-CEO relationship• How to write a successful Section 330 proposal |

HCH 101: An Introduction to the HCH Model of Care

This pre-conference institute is designed for staff, consumers, and board members who are new or relatively new to the HCH world. The cost for the morning session, including lunch, is \$75.00. There is no charge to attend an afternoon session only (lunch not included). Pre-registration, using the enclosed national conference registration form, is required.

Morning Session - HCH Orientation

Wednesday, June 1, 8:30 am – 12:00 noon

Familiarity with the HCH program is essential to the work of HCH staff, consumers, board members, and others. This session will provide a comprehensive overview of the evolution of the HCH program, the HCH philosophy of care, service delivery models, policy issues, and the relationship of HCH grantees with the Bureau of Primary Health Care.

Concurrent Afternoon Sessions

Wednesday, June 1, 1:00 – 4:30 pm

All of the afternoon sessions are open to HCH staff, consumers, administrators, board members and other interested individuals. Use conference registration form to select the session you will be attending.

- **A motivational interviewing primer: Preparing people for change - Ken Kraybill, MSW.** Motivational interviewing is an evidence-based, client-centered method to help people resolve ambivalence and develop intrinsic motivation to make positive change steps. Participants of all disciplines will learn basic principles and methods. Ample time will be given to practicing skills using issues and situations specific to HCH settings.
- **Improving quality of care through the case study process - Susan Kline, MN, ARNP, and colleagues.** This interactive workshop will introduce a valuable tool to address challenging situations in HCH work. Topics from participants' settings will be explored in a structured fashion, including an online literature search. Also, participants will learn how to develop case studies that foster evidence-based practice and contribute knowledge to the field.
- **Taking care: Narrative, movement, creativity - Rachel Marzec, RN, FNP, PMHNP, and Jeff Olivet, MA.** This session will offer varied approaches to self-care, team-care, and client-care. A narrative approach will emphasize the importance of personal story in the healing process. Body awareness and movement exercises will explore body-mind-soul connections, and a section on fostering creativity will employ art, music, and writing as tools for healing.
- **Consumers/board members.** Designed for consumers who are new to their local Consumer Advisory Boards (CAB) and/or board of directors, this session will include information on responsibilities, how to work within the governance structure, and how to prepare to sit on governing boards.
- **Respite care close up.** Participants will visit Christ House, one of the first respite programs for homeless persons in the country, and get a first hand look at this outstanding program. Staff at Christ House and members of the Respite Care Providers' Network will present **Respite 101**, an introduction to developing and maintaining a respite care program. Participants will have an opportunity to network with respite care partners representing a variety of programs. See back of conference registration form to sign up. *Workshop size is limited, so register early!*

HCH 101 is presented by the National HCH Council and the HCH Clinicians' Network.

The 2005 HCH Policy Symposium

Bringing Human Rights Home

Everyone has the right to a standard of living adequate for the health and well-being of one's self and one's family, including food, clothing, housing, and medical care. — Universal Declaration of Human Rights, Article 25 (1)

The chronic reality of mass homelessness in the United States contradicts the world community's clearly stated standard of human rights. As many as 3.5 million of our neighbors have no housing at some point each year. Some 80 million have no health insurance at some point each year. Health Care for the Homeless is a vital safety net for a relative few (700,000 per year), but the very existence of such a program proclaims how far we are from realization of the basic human rights to housing and medical care. Moreover, government programs that have provided housing and health care for some of those too poor to purchase it are being reduced in an era of increasing deficits and military spending.

The concept of human rights, long exercised in our country's foreign policy, is emerging as a powerful organizing tool for social justice movements in the U.S. This year's HCH Policy Symposium will bring together advocates from across the nation to share ideas and prepare to promote public policies that recognize the human rights to health care, an affordable place to live, and a fair and adequate income.

HCH Policy Symposium events will provide opportunities to learn human rights concepts, to compare these rights to current realities, and to take action to support the human rights of homeless people.

Symposium workshops: Five Symposium workshops, presented throughout the Conference, will focus on the rights to health care, housing, and adequate income; methods of advocacy to secure these rights; and an analysis of current legislative activity that bears upon these rights.

Taking Action: The National Health Care for the Homeless Council will assist HCH clients and providers in discussing important public policy issues with their elected representatives on Wednesday, June 1, prior to the Conference and Symposium. The National Council will also conduct a public rally, confirming our shared commitment to human rights, on Friday, June 3. Please watch for communications from the National HCH Council or visit www.nhchc.org for details as they are confirmed.

The Susan L. Neibacher Address: The keynote address of the HCH Policy Symposium has been named to honor the memory of Susan Neibacher, the founding Executive Director of Care for the Homeless in New York City and from the beginning a guiding light for Health Care for the Homeless. The annual Neibacher Address will carry on Susan's spirit of fierce and loving advocacy.



David Himmelstein, MD

The inaugural Neibacher Address will be delivered by David Himmelstein, MD, Associate Professor of Medicine at Harvard Medical School and Chief of the Division of Social and Community Medicine at Cambridge Hospital, Cambridge, MA. He was a founder, in 1986, of Physicians for a National Health Program, which advocates a single-payer system of national health insurance. Dr. Himmelstein is codirector of the Center for National Health Program Studies at Cambridge Hospital/Harvard Medical School and is widely published.



Susan Neibacher

The HCH Policy Symposium is convened by the National Health Care for the Homeless Council in conjunction with the National HCH Conference, but is organized separately from that event.

Registration/Travel Information

Please complete both sides of the enclosed registration form (one form per person). Payment must be received before confirmation is sent. If one check covers multiple registrations, list the names of all registrants on the check.

| Conference Fees | Payment received by May 23 | Payment received after May 23 |
|---|----------------------------|-------------------------------|
| HCH grantees and subcontractors | \$250 | \$265 |
| Other participants | \$300 | \$315 |
| One-day participants | \$175 | \$190 |
| Students (include copy of student ID) | \$175 | \$190 |
| Optional Fees | | |
| HCH 101 (Wed. morning session, June 1) | \$ 75 | \$ 85 |
| Supervision Skills Training (Wed. June 1) | \$ 75 | \$ 85 |
| SSI/SSDI Training (Saturday, June 4) | \$ 50 | \$ 60 |

Conference fees cover all sessions (except Wednesday pre-conference institute and Saturday full-day sessions), materials, CME/CEU certificates, welcoming reception, breakfast and lunch on Thursday and Friday, breakfast on Saturday, and Friday evening entertainment. Conference fees will be refunded *only if cancellation is requested in writing by May 18*. For more information, contact Jason DeStefano toll-free at (888) 439-3300, ext. 242, or jdestefano@prainc.com.

Consumer Scholarships: A limited number of stipends are available to support travel, food, lodging, and conference registration costs for homeless or formerly homeless members of HCH boards or advisory committees or for consumers who are staff members of HCH projects. For an application, contact the National HCH Council at (615) 226-2292 or council@nhchc.org no later than April 1, 2005.

Accommodations: The conference will be held at the Hyatt Regency Washington on Capitol Hill, 400 New Jersey Ave. NW, Washington, DC, 20001. A *limited number* of rooms are available at reduced rates of \$153 for a single, \$178 for a double, \$203 for a triple, and \$228 for a quad. A 14.5% tax will be added to these rates. *We recommend that you make your reservations well in advance to take advantage of these rates, only valid May 31 – June 4, 2005.* Call the hotel's reservation department at (202) 737-1234 or (800) 223-1234 and specify that you are attending the Health Care for the Homeless Conference.

Travel: Washington, DC, is accessible by major bus and train lines and by interstate highways. For more information on shuttle service from local airports, please contact the Hyatt Regency on Capitol Hill. Taxi service between National Airport and the Hyatt costs approximately \$15.00 one way. The hotel is also accessible by the Metro, DC's subway system. Take the Metro Red Line to Union Station, a five minute walk from the hotel. For more information, please contact the Hyatt at (202) 737-1234.

Continuing Medical Education and Continuing Education Units: Pending approval from appropriate agencies, continuing medical education (CME) and continuing education units (CEU) will be offered for conference and pre-conference workshops attended by physicians, nurses, nurse practitioners, social workers, and certified drug and substance abuse counselors. Applicants are responsible for checking with certifying authorities in their states in advance of the conference regarding CME/CEU reciprocity and for complying with attendance and documentation requirements. For more information, contact Nancy Hallock at Policy Research Associates, Inc., at (888) 439-7415, ext. 243 or nhallock@prainc.com.

Policy Research Associates, Inc. (PRA), of Delmar, New York, maintains the HCH Information Resource Center (HCH/IRC) under contract with the Health Resources and Services Administration's Bureau of Primary Health Care. The HCH/IRC provides HCH staff with access to information about clinical practices, funding opportunities, and legislative initiatives that impact their work. For more information, visit our website at www.bphc.hrsa.gov/hchirc or contact HCH/IRC at (888) 439-3300 or hch@prainc.com.